

Grade: Kindergarten
Lesson Number: 4
Unit Name: Sikh Symbols
Course: Virṣā
Title: 'Ik Oaṅkār

Standards

Standard 6: Understanding Sikh Symbols

- Students identify and describe Sikh symbols. (e.g. Nishān Sāhib, Khandā, Ik Oaṅkār, 5 Kakārs, hawk, silver arrow, Gurū Nānak as “founder of the faith,” and the Mūl Mantr)

Objectives

1. Students will be able to identify the Ik Oaṅkār and explain its significance in Sikhī.

Prerequisites

- This lesson plan is a part of a series focusing on Sikh Symbols.

Materials

- Large sheets of paper and marker
- Copies of “My Little Sikhi Book”
- Copies of Ik Oaṅkār on cardstock
- Wax paper
- Crayon (shavings)
- Markers
- Towel
- Iron
- Ironing board
- Flowers, petals, leaves (these can be dried.)
- Hole punch
- Ribbon
- Ziploc bags

Advanced Preparation

- If possible, do this lesson in a place where students will be surrounded by nature.
- Cut out Ik Oaṅkār shape ahead of time. This may be a difficult task for students due to the curves of the shape of the Ik Oaṅkār.
- ~~AAA~~ If students are having too much trouble cutting, additional help will be necessary.
- It may be safer and easier for you to have crayon shavings done before hand.
 - Crayon shavings are made by shaving a crayon with a pair of scissors or a cheese grater. You should have little curls of crayon.
- Cut out enough wax paper for the class – It should be large enough to place the Ik Oaṅkār and be folded over. (e.g. the Ik Oaṅkār should be sandwiched in between wax paper).

Engagement (20 minutes)

- On the chart paper write ੴ. (Do not say Ik Oaṅkār).
- Ask students if they can identify this symbol. Write student responses around the ੴ symbol.
- Share the name of the symbol with students. See if students could tell you anything else.
- Ask students if they have ever seen this symbol. If so, where have they seen it?
- Walk outside and find a place to read to students.
- Read the brief explanation of Ik Oaṅkār.
- Discuss Ik Oaṅkār with students. Ask: What does it mean?
- Answer any questions students may have.
- Take a short walk and give children Ziploc bags in which to collect small flowers, leaves and/or flower petals that are already on the ground. *All of these things will be used in the making the Ik Oaṅkār sun catcher.*

Exploration (30 minutes)

- Give each student the cut-out of the Ik Oaṅkār.
- Provide students with marker to color their Ik Oaṅkār on both sides.
- Give each student a large piece of wax paper. Ask students to fold the wax paper in half and open it up.
- Next have them put the Ik Oaṅkār in the middle and place the flowers, leaves, flower petal and crayon shaving around the Ik Oaṅkār.
- Once students have finished placing and decorating the Ik Oaṅkār sun catcher, have students raise their hands.
- Teacher should go see their work, take it to the ironing board, place a light towel on it and iron it until the crayon melts and binds the wax paper together.
 - Before ironing, make sure that the Ik Oaṅkār is in the middle.
- Allow Ik Oaṅkār sun-catchers to cool before punching a hole on top and inserting a ribbon.

Explanation/Extension (10 minutes)

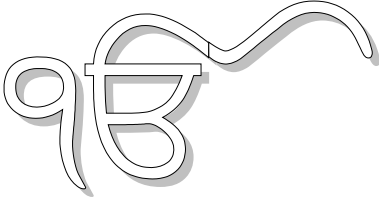
- Allow students to present their Ik Oaṅkār sun catchers to the class.

Evaluation (On-going)

- Once students have presented their Ik Oaṅkār sun catchers, have them sit in a circle. On chart paper, write Ik Oaṅkār and allow students to tell you the new information they have learned. (You can also compare this chart to the chart that you completed at the beginning of this lesson, or you can combine them.)

Teacher Resources**Ik Oaṅkāṛ**

One Universal Integrative Force – There is Only One Vāhigurū (God). The first two words in the Gurū Granth Sāhib & one of the cornerstones of Sikhī. They appear at the beginning of the Mūl Mantr written by Gurū Nānak describing the qualities of Vāhigurū in the Japujī.



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