

Grade: Kindergarten
Lesson Number: 8
Unit Name: Sikh Symbols
Course: Virṣā
Title: 'Gurū Nānak

Standards

Standard 6: Understanding Sikh Symbols

- Students identify and describe Sikh symbols. (e.g. Nishān Sāhib, Khandā, Ik Oankār, 5 Kakār, hawk, silver arrow, Gurū Nānak as “founder of the faith,” and the Mūl Mantr)

Objectives

1. Students will be able to identify Gurū Nānak’s personality traits by listening to the Sacā Saudā Sākhī (ਸਚਾ ਸੌਦਾ ਸਾਖੀ).

Prerequisites

- This lesson plan is a part of a series focusing on Sikh Symbols.

Materials

- Janamsākhī Book Gurū Nānak (Sacā Saudā Sākhī)
- Large sheets of paper and marker
- Copies of “My Little Sikhī Book”
- Pencils and crayons for students

Advanced Preparation

- On the large sheet of paper, create the Character Analysis chart. You may also want to have the “My Little Sikhī Books” already made so the students don’t have to spend too much time on this.

Engagement (20 minutes)

- Read the Sacā Saudā Sākhī.
- Using student responses fill out the Character Analysis chart. While doing this, make sure students understand what characteristics you’re looking for (e.g. caring, giving, helpful.”ge ...)0
- After completing the chart, have a discussion on the Sākhī. You may choose to incorporate the following questions in your discussion.
- Ask students:
 - What are Gurū Nānak’s three principles?
 - Why did his father become angry?
 - Why did Gurū Nānak do what he did?
 - Was it good or bad? Why?
 - Tell me about a time where you gave up something you had for someone else?
 - How did it make you feel?
 - How do you think Gurū Nānak would feel about what you did?

Exploration (30 minutes)

- After the engagement, give the following directions BEFORE you hand out the “My Little Sikhī Books.”
- Students need to write their names on the book.
- On the first page, ask them to draw something from the story that they really liked. Please allow students to dictate a one-sentence summary about their picture. As the student dictates their ONE sentence, please write it below the picture. It is recommended that the sentence be transcribed in Pañjābī.

Explanation/Extension (10 minutes)

- Allow students to present their drawings.

Evaluation (On-going)

- Once students have presented their drawings have them sit in a circle. Begin telling the Sākhī once again and have the students help you with the sequence of events of the Sākhī. For homework, have them retell the Sākhī to their parents and/or siblings.

Teacher Resources**Character** _____

The character's physical appearance

The character's personality traits (and evidence of trait – behavior, words, action, feelings, thoughts)

The character's role in the story

The character's challenge in the story

The character's major accomplishment(s)

<div data-bbox="300 273 748 764"><p>My little Sikhī Book</p><p>By:</p><hr/></div>	
<div data-bbox="678 837 829 974">1</div>	<div data-bbox="1258 837 1414 974">2</div>

<div data-bbox="685 1612 829 1747">3</div>	<div data-bbox="1258 1612 1414 1747">4</div>
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Sacā Saudā (The Truth Bargain)

Gurū Nānak used to run a shop in his village, Talvandī, now called Nankāna Sāhib. When making purchases for his shop, he often went to a nearby town called Cūhaṛ Khānā (ਚੁਹੜ ਖਾਨਾ). On the way to the town, there was a resting place where holy people who were passing through the city could stay.

Gurū Nānak often visited these religious people to have discussion with them regarding God and Grace. Gurū Nānak often shared his earnings with these holy men and needy people. Whenever he had a chance to be in their company, he exchanged views regarding the purpose of human life.

His father, Kalyāṇ Cand (ਕਲਯਾਣ ਚੰਦ), popularly known as Mahtā Kālū (ਮਹਤਾ ਕਾਲੂ), did not appreciate Gurū Nānak's conduct. Kalyāṇ Cand advised Gurū Nānak not to lavishly give away money, food and other articles. But Gurū Nānak continued helping people including those who would stop at Cūhaṛ Khānā on their pilgrimages.

Finally, the father asked his son to limit his habit of giving charity the people – he wanted Gurū Nānak to save money for future use. But Gurū Nānak explained to his father that sharing money with the needy people is the “Truth Bargain” of life and everyone should adapt it to his ability. It is an essential duty of a human being and the right path for peace and pleasure of the people.

Let us resolve today, being the followers of Gurū Nānak, that we should utilize a part of our earnings for sharing with the people who need our help. This is the true bargain of life. Doing good to the people is the way of a Sikh. Sharing with the needy, makes the day of a Sikh. The true bargain of life is sharing one's earning with the needy and helping in whatever way we can.

Character

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<div data-bbox="308 256 756 745"><p>My little Sikhī Book</p><p>By:</p><hr/></div>	
<div data-bbox="683 766 837 903">1</div>	<div data-bbox="1258 766 1417 903">2</div>
<div data-bbox="690 1556 846 1694">3</div>	<div data-bbox="1258 1556 1417 1694">4</div>

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